# Youth Services in Alice Springs

Working Together, growing strong families What this means...

# Young people in Alice Springs often face multiple complex issues that can include:

Homelessness

Exposure to violence

Poverty

Overcrowding

Health problems

Exposure to alcohol abuse

Disengage from school

Cross-generational

trauma

Poor nutrition

High rates of victimization

Without intervention, these factors can negatively impact a developmental trajectory and create cumulative disadvantage across a life time

Lack of parental guidance & support

Mental Health

Significant trauma

Drug & alcohol abuse

Vulnerable to harm

Risky behaviours

Mistrust of services

Developmental delays and FASD

Contact with the youth justice system

# Action

# A public health approach

#### **Universal Services**

Services for all, aimed to prevent escalation of vulnerabilities

## **Secondary Services**

Services targeted for young people at risk and experiencing vulnerabilities

## **Tertiary Services**

Services for young people and families experiencing crisis